

### PEDIATRIC BEHAVIORAL HEALTH REFERRALS:

# GUIDANCE AND DIRECTORY FOR PEDIATRIC PRIMARY CARE PROVIDERS IN NEW HAMPSHIRE

September 2022







#### About this resource

This resource includes both a flyer and a limited directory of mental health services in New Hampshire to support pediatric and primary care providers in offering successful referral options for their patients who may need mental health services.

The directory includes information such as practice name, address, phone number, website, towns served, Medicaid acceptance, and programs or types of services. The directory does not list the many individual private mental health providers practicing in New Hampshire due to the changing nature of practices, providers, and insurance. However, additional providers may be included in future versions.

An online searchable database has been created with the same providers and information. This tool may be easier for providers to identify referral partners because it can be searched by county, service type, and if they accept Medicaid.

Additionally, the online directory includes additional information on practices that is not provided in this pdf version including 'insurance plans accepted' and 'provider to provider referral process'. Please visit NHPIP.org/referrals to access the online directory.

### Note for providers

The University of New Hampshire and the New Hampshire Department of Health and Human Services do not endorse any listed provider organization and do not guarantee the quality or accuracy of the services listed in the directory.

### Note for organizations listed in the directory

All directory information was collected between June 2022 – August 2022 from online research on the providers' websites and outreach via phone and email. If your organization is listed and you would like to update the information provided in this directory for its next publication, please email NHPIP@UNH.edu

#### State-wide Directories and Resources

### **NH Rapid Response Access Point**

24/7 Mental Health Crisis Hotline: 1-833-710-6477

Individuals can call or text to speak to trained and caring clinical staff. You'll be served by compassionate providers who can help you access vital resources in a crisis, including mobile response if needed.

https://www.nh988.com/

#### 211

NH residents or providers can call to be connected, at no cost, with trained Information and Referral Specialists who can provide them with the health and human service information they need to get help, give help, or discover options.

https://www.211nh.org/

### **New Hampshire Coalition Against Domestic and Sexual Violence**

24-hour Domestic Violence Helpline: 1-866-644-3574
24-hour Sexual Assault Hotline: 1-800-277-5570
Individuals can call the statewide helpline to talk with an advocate.

### **New Hampshire Family-Centered Early Supports and Services**

Program Directory from NH DHHS

https://www.dhhs.nh.gov/dcbcs/bds/earlysupport/documents/directory.pdf

#### **Developmental Services Area Agencies**

Agencies that support children over the age of three <a href="https://www.dhhs.nh.gov/dcbcs/bds/agencies.htm">https://www.dhhs.nh.gov/dcbcs/bds/agencies.htm</a>

### **Family Resource Centers**

Provide comprehensive services to parents and their children from pregnancy through age 18. Services may include parenting classes, parent-child groups, early learning centers, play groups, assistance with tax preparation, information and referral, after school assistance, and other programs to meet specific community needs.

https://c1abd428.caspio.com/dp/9c5c6000eedd5ca82fbb46aba81d

#### **Student Assistance Program**

SAP counselors served more than 10,000 kids in 2016, helping youth with various social issues, such as bullying, dating violence, and peer pressure. The program has grown from five schools in 2013 to more than 40 today.

https://www.dhhs.nh.gov/dcbcs/bdas/sap.htm

### **Maneuvering the Maze by NH Family Voices**

A New Hampshire family resource guide of services for families with children who have special health care needs and/or disabilities

http://nhfv.org/wp-content/uploads/2019/02/2019-Manuvering-Through-the-Maze-Final.pdf

## HOW DO I...

### Make a quality mental health referral?

### SCREENINGS & ASSESSMENTS

- Evidence-based screening tools (e.g., PHQ-2) help identify patients who need further assessment and support.
- Assessment tools, such as PHQ-9 for depression, GAD-7 for anxiety, or DAST for substance use help clarify the level of need to
  ensure that you are making appropriate referrals; these tools can also be used by the primary care team to treat to target and
  monitor treatment progress.

### SHARED GOALS

- Join your patient in treatment planning. Determine what they are motivated to work on and what types of services they are willing to consider.
- Your patient's goals may not align with the goals of the medical provider. Creating shared goals will help them experience success and continue with the treatment process.

### **IDENTIFY RESOURCES**

- Identify mental health professionals who can provide the services your patient needs and is willing to engage in.
- Consider the urgency and intensity of services needed. Private providers often have more availability while Community Mental Health Centers provide more comprehensive services.
- Encourage the parent/guardian to sign a Release of Information form to coordinate with the mental health provider. While not
  required between treatment providers, explicit authorization helps ensure timely coordination of care and guards against
  potential communication challenges before care is established.

### CLOSING THE LOOP

- Develop a process to track referral completion. Ensure that the primary care team, mental health provider, and patient/family
  are satisfied before the referral is considered complete.
- Maintain regular care coordination by forwarding relevant documentation such as medication changes. Be clear with the mental health provider about what treatment-related information you need to continue to provide effective care.

#### Reference List

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Organization Name	Office Name	Address	County	Phone Number	Provider Type(s)	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Amodeus Healthcare & Psychiatric Service	Adolescents and Adults Mental Health Care	75 Gilcreast Rd Suite 210 Londonderry, NH 03053	Rockingham	(603)305-7076	DNP, PMHNP- BC, FNP- BC, ARNP	Y	16+		Psychiatry	www.amodeushealth care.com	Phone & Video Interpreters, on-site Spanish interpreters	Y
Children's Hospital at Dartmouth- Hitchcock	Child and Adolescent Psychiatry	1 Medical Center Dr Lebanon, NH 03756	Grafton	(603)650-8034		Y		Limited by geography and clinical complexity	Psychiatric evaluative consultation		Language services available	
Harbor Homes, Inc.	Harbor Care Health and Wellness Center  Satellite & Keystone Hall	45 High St Nashua, NH 03060 615 Amherst St Nashua, NH 03063	Hillsborough	(603)821-7788	MD, PA, APRN, DO	Y	All ages		Psychiatry	https://harborcarenh .org/	TTY On-site Interpreter, Multi-lingual staff, Over the phone	Y
Onward	Psychiatry	2 Ash St Hollis, NH 03049	Hillsborough	(603)239-2335	PMHNP-BC	Υ	5+	ADHD, anxiety, ASD, bipolar, depression, sleep disorders, PTSD, schizophrenia, SUD	Psychiatric evaluations, therapy, medication management	https://www.onward psychiatryllc.com/		
Wentworth Health Partners	Great Bay Mental Health	15 Old Rollinsford Rd Suite 302 Dover, NH 03820	Strafford	(603)742-9200		Y	Children and Adolescents	Medications, mood disorders, behavioral challenges	Children and adolescent psychiatry	https://www.wdhos pital.org/whp/special ty-care/mental- health/great-bay- mental-health/our- specialties/child- adolescent-issues		Y
	nseling of Nashua LLC	61 Spit Rd Suite 202 Nashua, NH 03060	Hillsborough	(603)821-0008	APRN	N	Females aged 15+	Depression, Anxiety, Stress, Trauma, PTSD, Women's Issues	Individual	https://womenscoun selingofnashua.com/ adolescent-females/		Y

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Northern Human Services	Mental Health Center	3 Twelfth St Berlin, NH 03570 55 Colby St Colebrook, NH 03576	Coos	(603) 752-7407 (603) 237-4955	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case	https://northernhs. org/	Interpretation Services Offered	Y
		70 Bay St Wolfeboro, NH 03894	Carroll	(603) 569-1884			trauma, abuse, addiction, chronic illnesses, suicidal ideation	Management			
		25 West Main St Conway, NH 03818		(603) 447-2111			ideation				
		69 Brooklyn St Groveton, NH 03582	Coos	(603) 636-2555							
	White Mountain Mental Health	250 Swiftwater Rd Woodsville, NH 03785	Grafton	(603) 747-3658							
		29 Maple St Littleton, NH 03561		(603) 444-5358							
West Central Behavioral Health	Child and Family Services	Rivermill Commercial Center 85 Mechanic St Lebanon, NH 03766	Grafton	(603) 448-5610	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and	https://www.wcbh.o rg/	Interpretation Services Offered	Υ
		130 Pleasant St Claremont, NH 03743	Sullivan	(603) 542-5449			gender identity, grief, trauma, abuse, addiction, chronic	Services; Case Management			
		71 Belknap Ave Newport, NH 03773		(603) 863-1951			illnesses, suicidal ideation				
Lakes Region Mental Health Center	Children and Family Services	40 Beacon St. E Laconia, NH 03246	Belknap	(603) 524-1100	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case Management	https://www.lrmhc. org/	Interpretation Services Offered	Y

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Riverbend Community Mental Health	Children's Program	105 Loudon Rd Building 3 Concord, NH 03301	Merrimack	(603) 228-0547	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and	https://www.riverbe ndcmhc.org/service/ childrens-services- treatment/	Interpretation Services Offered	Y
	Franklin Office	53 Kendall St Franklin, NH 03235					gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation	Services; Case Management; School- based counseling			
Monadnock Fa	amily Services	64 Main St Keene, NH 03431	Cheshire	(603) 357-4400	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case Management; School- based counseling	https://www.mfs.or g/children-families/	Interpretation Services Offered	Y
Greater Nashua Mental Health Centers	Child, Adolescent, and Family Services	15 Prospect St Nashua, NH 03060	Hillsborough	(603) 889-6147	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief, trauma, abuse,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case Management	https://gnmhc.org/c hildren-adolescents- families/	Interpretation Services Offered	Y
	ProHealth			(603) 402-1501		16+	addiction, chronic illnesses, suicidal ideation	Integrated behavioral health			
	ounseling of ua LLC	61 Spit Rd Suite 202 Nashua, NH 03060	Hillsborough	(603) 821-0008	N	Females aged 15+	Depression, Anxiety, Stress, Trauma, PTSD, Women's Issues	Individual therapy	https://womenscoun selingofnashua.com/ adolescent-females/		Y
Seacoast Mental Health Center	Portsmouth	1145 Sagamore Ave Portsmouth, NH 03801	Rockingham	(603) 431-6703	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families,	Individual, Family, and Group Therapy; Medication Evaluation	https://smhc- nh.org/services/	Interpretation Services Offered – Over the Phone,	Y
	Exeter	30 Magnolia Ln Exeter, NH 03833		(603) 772-2710			school/learning challenges, ASD, gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation	and Management; Functional Supports and Services; Case Management		Video Remote Interpreting	

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Harbor Homes, Inc.	Harbor Care Health and Wellness Center (main office)  Harbor Care Health and Wellness Center (satellite), and Keystone Hall (SUD and residential)	45 High St Nashua, NH 03060 615 Amherst St Nashua, NH 03063	Hillsborough	(603) 821-7788 (603) 881-4848	Y	All ages			https://harborcaren h.org/	Interpretation Services Offered - On-site Interpreter, Multi-lingual staff, Over the phone, TTY  Languages consistently available: French, Spanish, Hindi, Punjabi, Filipino, Tagalog, Russian, Greek, American Sign-language.	Y
The Mental Health Center of Greater Manchester	The Mental Health Center of Greater Manchester  Bedford Counseling Associates	401 Cypress St Manchester, NH 03103 2 Wall St Suite 300 Manchester, NH 03101	Hillsborough	(603) 668-4111	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation  Academic, behavior, or social problems; relationship difficulties with family, parents, or peers; ADD; ADHD; Life changes	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case Management  Short-term counseling	https://www.mhcgm .org/how-we-can-help/our-facilities/  http://www.bedford counseling.org/	Interpretation Services Offered	Y

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Community Partners NH	Dover Behavioral Health Office	50 Chestnut St Dover, NH 03820	Strafford	(603) 516-9300	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD, gender identity, grief,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports and Services; Case	https://communityp artnersnh.org/youth -family-services/	Interpretation Services Offered	Y
	Rochester Behavioral Health and Community Office	25 Old Dover Rd Rochester NH 03867		(603) 516-9300			trauma, abuse, addiction, chronic illnesses, suicidal ideation. *Also serves as area agency for developmental and intellectual disabilities	Management			
Center for Life Management	Main Office	10 Tsienneto Rd Derry, NH 03038	Rockingham	(603) 434-1577	Y	3-18, and their families	Anxiety, depression, self-harm, divorce, blended families, school/learning challenges, ASD,	Individual, Family, and Group Therapy; Medication Evaluation and Management; Functional Supports	https://www.centerf orlifemanagement.o rg/programs- services/child- adolescent-and-	Interpretation Services Offered	Y
	Salem Office	103 Stiles Rd Salem, NH 03079		(603) 434-1577			gender identity, grief, trauma, abuse, addiction, chronic illnesses, suicidal ideation	and Services; Case  Management	family-services		
Ammonoosuc Co Service	•	25 Mt Eustis Rd Littleton, NH 03561  1095 Profile Rd Suite B Franconia, NH 03580	Grafton	(603) 444-2464	Y	All ages	Behavioral health	Assessment and Referral; Individual, family, and school- based counseling	https://www.ammo noosuc.org/services/ behavorial-health/	Interpretation Services Offered	Y
		Route 25, Main St Warren, NH 03279 79 Swiftwater Rd		(603) 764-5704 (603) 747-3740							
		Woodsville, NH 03785 14 King's Square Whitefield, NH 03598	Coos	(603) 837-2333							

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Amoskeag Health	Amoskeag Health	88 McGregor Street, Suite 302 Manchester, NH 03102 184 Tarrytown Rd Manchester, NH 03103	Hillsborough	(603) 626-9500	Y	All ages	Behavioral health	Integrated behavioral health, short-term counseling, behavioral health consultants at Manchester schools Integrated behavioral health, short-term counseling, behavioral	https://www.amosk eaghealth.org/behav ioral-health-care/	Interpretation Services Offered - Face-to-face Video Remote Interpreting, Over the Phone, Staff interpreters	Y
	Dr. Selma Deitch Center for Children and Teens	1245 Elm St Manchester, NH 03101				All ages		health consultants at  Manchester schools		Languages consistently offered: Arabic, Bosnian, French,	
	ProHealth	1555 Elm St Manchester, NH 03101				16+		Integrated behavioral health services		Kiswahili, Maay Maay, Nepali, Portuguese, Somali, Spanish, Swahili, Vietnamese	
Greater Seacoast Community Health	Lilac City Pediatrics	180 Farmington Rd Rochester, NH 03867	Strafford	(603) 335-4522	Y	All ages	symptom management, aligning school services, supporting behavioral management in school or at home, adjusting to grief/loss, safety assessments	Integrated behavioral health	https://lilaccity.good winch.org/behaviora lhealth/	Interpretation Services Offered	Y
	Goodwin Community Health	311 Route 108 Somersworth, NH 03878	Strafford	(603) 749-2346		All ages			https://goodwinch.o rg/services/behavior al-health/		
	Families First Health and Support Center	100 Campus Dr Portsmouth, NH 03801	Rockingham	(603) 422-8208		6+	anxiety, depression, substance use disorder, chronic illnesses, trauma, LGTBQ-affirming		https://www.familie sfirstseacoast.org/he alth-care/behavioral- health/		

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
HealthFirst Fam	illy Care Center	22 Strafford St Suite #1 Laconia, NH 03246	Belknap	(603) 366-1070	Y	All ages	Behavioral health	Integrated behavioral health, individual and family counseling, school- based services	https://www.healthf irstfamily.org/servic es/behavioral- health/	Interpretation Services Offered - On-site interpreter, Over the phone	Y
		841 Central St Franklin, NH 03235	Merrimack	(603) 934-1464							
Weeks Medical Center	Colebrook	141 Corliss Lane Colebrook, NH 03576	Coos	(603) 788-5095	Y	All ages	Support and conflict resolution. Help with mental health	Integrated behavioral health, short-term counseling	https://www.weeks medical.org/depart ment/behavioral-	Interpretation Services Offered	Y
	Lancaster	173 Middle St Lancaster, NH 03584		(603) 788-2521			concerns, depression, anxiety, domestic violence, etc.		<u>health-psychiatry</u>		
	Whitefield	8 Clover Lane Whitefield, NH 03598		(603) 788-5095							
Lamprey Health Care	Newmarket	207 S. Main St Newmarket, NH 03857	Rockingham	(603) 659-3106	Y	16+	Depression, life issues, anxiety, coping chronic disease	Integrated behavioral health	http://www.lamprey health.org/services/ behavioral-health-	Interpretation Services Offered – Onsite Interpreters,	Y
	Nashua	22 Prospect St Nashua, NH 03060	Hillsborough	(603) 883-1626		6+			<u>substance-use-</u> <u>disorder-services/</u>	Language Line interpretation service	
	Raymond	128 Route 27 Raymond, NH 03077	Rockingham	(603) 895-3351		13+					
Coos County Family Health	Gorham	2 Broadway Ave Gorham, NH 03581	Coos	(603)-466-2741	Y	All ages	Diagnosed diabetes and depression, Substance use and	Integrated behavioral health	https://www.coosfa milyhealth.org/	Interpretation Services Offered	Y
Services	Colebrook	6 First St Colebrook NH 03576		(603)-237-4262			life stressors				
	Berlin	133 Pleasant St Berlin, NH 03570		(603) 752-2040							

		59 Page Hill Rd Berlin, NH 03570		(603) 752-2900							
BEHA\	/IORA	L HEAL	th Se	ERVICE	ES						
Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Mid-State Health Center	Plymouth	101 Boulder Point Dr Suite 1 Plymouth, NH 03264	Grafton	(603) 536-4000	Y	Children and adolescents	Anxiety, depression, stress, ADHD, life transitions	Integrated behavioral health	https://www.midstate health.org/		Y
	Bristol	100 Robie Road Bristol, NH 03222		(603) 744-6200							
White Mountain Community Health Center	Conway	298 White Mountain Highway Conway, NH 03818	Carroll	(603) 447-8900	Y	13+	Anxiety, depression, stress	Integrated behavioral health	https://www.whitemo untainhealth.org/		Y

## EATING DISORDER SERVICES

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Organization Name	Office Name	Address	County	Phone Number	Provider Type(s)	Accepts Medicaid	Children and Youth Ages Served	Type(s) of Therapy or Service	Website Link:	Communication Access Resources	Telehealth Services Offered
_	ating Disorder enter	105 Loudon Rd Building 2 Concord, NH 03301	Merrimack	(603) 715-5150	nurses, therapists, registered dieticians	Y	12+	Outpatient Therapy, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP) consisting of assessment, recovery groups, pharmacological treatment, aftercare planning, and supportive, supervised meals	https://www.eatingdi sordercenter.org		
Center for Eating Disorders Management	Bedford Center	360 Route 101 Unit 10 Bedford, NH 03110	Hillsborough	(603) 472-2846	Individual therapists, family therapists, medical providers, nutritionists	Y	12+ (14+ for IOP and PHP)	Outpatient Therapy, Partial Hospitalization Program (PHP), Intensive Outpatient Program (IOP) consisting of assessment, recovery groups, pharmacological treatment, aftercare planning, and supportive, supervised meals	https://cedm-inc.com		
	Exeter Center	11 Court St Unit 210 Exeter, NH 03833	Rockingham				12+	Outpatient Therapy			
Harbor Homes, Inc.	Harbor Care Health and Wellness Center (main office)	45 High St Nashua, NH 03060	Hillsborough	(603)-821-7788	MD, PA, LICSW, LCMHC, APRN, APRN-Psych, APRN- PMHNP, Psychiatry, MLADC	Y	All ages		https://harborcarenh. org/	Interpretation Services Offered - On-site Interpreter, Multi-lingual staff, Over the phone, TTY	Y
	Harbor Care Health and Wellness Center (satellite), and Keystone Hall (SUD and residential)	615 Amherst St Nashua, NH 03063		(603)-881-4848	LICSW, LCMHC, APRN- Psych, MLADC					Languages consistently available: French, Spanish, Hindi, Punjabi, Filipino, Tagalog, Russian, Greek, American Sign-language.	

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
The Mental Health Center of Greater Manchester	Bedford Counseling Associates	2 Wall St Suite 300 Manchester, NH 03101	Hillsborough	(603) 623-1916	Y	Children and teenagers	Substance misuse and co-occurring mental health disorders	Child and Adolescent Services; Medication Services	http://www.bedfo rdcounseling.org/	Interpretation Services Offered	
Center for Life Management	Main Office	10 Tsienneto Rd Derry, NH 03038	Rockingham	(603) 434-1577	Υ	Children and adolescents	SUD and co-occurring mental health issues	Individual, group, and family; case management; medication; evaluation and treatment for SUD	https://www.cent erforlifemanagem ent.org/programs- services/child-	Language services (Over the Phone) and assistance for deaf & hard of	Y
	Salem Office	103 Stiles Rd Salem, NH 03079						treatment for 300	adolescent-and- family-services	hearing are offered.	
Greater Nashua Mental Health Centers	Substance Use Disorder Services	15 Prospect St Nashua, NH 03060	Hillsborough	(603) 889-6147	<b>Y</b>	Ages 12-25	SUD	Individual & Group Therapy, Intensive Outpatient Therapy, Parental Support	https://gnmhc.org /children- adolescents- families/substanc e-use-disorder- services-for- adolescents/	Interpretation Services Offered	Y
West Central Behavioral Health	Substance Use Services	251 Elm St Claremont, NH 03743	Sullivan	(603) 690-9080	Υ	Adolescents	Alcohol, opioid, marijuana, cocaine, and amphetamine dependence	Individual & Group Therapy, Relapse Prevention, Case Management, Treatment for co-occuring mental health issues, MAT	https://www.wcb h.org/	Interpretation Services Offered	
Riverbend Community Mental Health	Children's Program	105 Loudon Rd Building 3 Concord, NH 03301	Merrimack	(844) 524-6673	Y	12+	SUD and co-occurring mental health issues	Substance use and mental health evaluations, individual, family, intensive outpatient program	https://www.river bendcmhc.org/ser vice/addiction- treatment-and- recovery-services/	Interpretation Services Offered	Y

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Greater Seacoast Community Health	Families First	100 Campus Dr Portsmouth, NH 03801	Rockingham	(603) 422-8208	Y	17+ (IOP)	SUD	12 week intensive outpatient program, MAT, recovery support groups, individual and group counseling, resource referrals, stress reduction	https://www.famil iesfirstseacoast.or g/health- care/behavioral- health/	Interpretation Services Offered	Y
	Goodwin Community Health	311 Route 108 Somersworth NH 03878	Strafford	(603) 749-2346				8 week intensive outpatient program, individual therapy, family involvement and case management, MAT, stress reduction approaches	https://goodwinc h.org/services/int ensive-outpatient- program/		
Seacoast Youth Services	Adolescent Substance Abuse Program (ASAP)	867 Lafayette Rd Seabrook, NH 03874	Rockingham	(603) 474-3332	Y	Adolescents (predominan tly 14-17 years)	Addiction services (outpatient)	12-session Motivational Enhancement Therapy/Cognitive Behavioral Therapy (MET-CBT 12), an evidence-based model that is comprised of an intake meeting and a combination of individual and group sessions.	https://www.seac oastyouthservices. org/top- adolescent- substance-abuse- programs-in- seacoast-new- hampshire		
	The Odyssey Intensive Outpatient Program						SUD and co-occurring mental health issues	Individual and family therapy; adventure-based activities and Mindfulness- based recovery skill building; weekly family support group	https://www.seac oastyouthservices. org/odyssey- intensive- outpatient- program-for- adolescents-in- new-hampshire		

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
Ammonoosuc Community Health Services, Inc.		25 Mt Eustis Rd Littleton, NH 03561 1095 Profile Rd Suite B Franconia, NH 03580 Route 25, Main St Warren, NH 03279 79 Swiftwater Rd Woodsville, NH 03785 14 King's Square Whitefield, NH 03598	Grafton	(603) 444-2464 (603) 823-7078 (603) 764-5704 (603) 747-3740 (603) 837-2333	Y	All ages		Individual counseling	https://www.am monoosuc.org/se rvices/behavioral- health/	Interpretation Services Offered	Y
Amoskeag Health		145 Hollis St Manchester, NH 03101	Hillsborough	(603) 626-9500	Y	All ages	Perinatal SUD, Medication Assisted Treatment, Substance Use Counseling	Call or text 603-391-5139 to communicate directly with an Amoskeag Health SUD coordinator.	https://www.amo skeaghealth.org/b ehavioral-health- care/	Interpretation Services Offered - Face-to-face Video Remote Interpreting, Over the Phone, Staff interpreters	Y
Live Free Recovery Consultants		2 Puzzle Lane Building 2 Unit 1 Newton, NH 03858	Rockingham	(603) 702-2461	Y	Adolescents	Addiction services	Weekly clinically guided peer recovery group, family coaching, mentor programming, relapse prevention	https://www.livef reerecovery.com/		
Coos County Family Health Services	Berlin	133 Pleasant St Berlin, NH 03570	Coos	(603) 752-2040	Y	All ages	SUD	integrated behavioral health	https://www.coos familyhealth.org/	Interpretation Services Offered	Y

Organization	Office Name	Address	Country	Phone Number	Accepts	Children and	Specialties or	Type(s) of Therapy or	Website Link	Communication	Telehealth
Name	Office Name	Address	County	Phone Number	Medicaid	Youth Ages Served	Conditions Served	Service	Website Link	Access Resources	Services Offered
Harbor Homes, Inc	Harbor Care Health and Wellness Center (main office)	45 High St Nashua, NH 03060	Hillsborough	(603)-821-7788	Y	All ages			https://harborcare nh.org/	Interpretation Services Offered - On-site Interpreter, Multi-lingual staff,	Y
	Harbor Care Health and Wellness Center (satellite), and Keystone Hall (SUD and residential)	615 Amherst St Nashua, NH 03063		(603)-881-4848						Over the phone, TTY	
HealthFirst Family Care Center		22 Strafford St Suite #1 Laconia, NH 03246 841 Central St	Belknap Merrimack	(603) 366-1070 (603) 934-1464	Y	All ages		Individual Counseling (up to 18 sessions per calendar year), SUD services	https://healthfirst family.org/medica tion-assisted- treatment/	Interpretation available upon request - On-site interpreter, Over the phone	Y
		Franklin, NH 03235	IVICITIIIIACK	(003) 334-1404						the phone	
Weeks Medical Center	NCH Patient Care Center  Lancaster Patient	141 Corliss Lane Colebrook, NH 03576 173 Middle St	Coos	(603) 788-5095 (603) 788-2521	Y	16+		Individual therapy, group therapy, MAT (Lancaster & Whitefield only), case management	https://weeksmed ical.org/departme nt/addiction- recovery/	Interpretation Services Offered	Y
	Care Center Whitefield Clinic	Lancaster, NH 03584 8 Clover Ln Whitefield, NH		(603) 837-9005							
	North Stratford Clinic	03598 43 Main St North Stratford, NH 03590		(603) 922-5039							
	Groveton Clinic	47 Church St Groveton, NH 03582		(603) 636-1101							
	Weeks at Mt. Eustis Commons	260 Cottage St Littleton, NH 03561	Grafton	(603) 788-2521							

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
•	c Cheshire Medical enter	24 Railroad St Keene, NH 03431	Cheshire	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	https://www.cheshire med.org/doorway	Interpretation Services Offered; "video-machine" is used in partnership with hospital in addition to multi- lingual staff; English and Spanish multi- lingual staff	Y
The Doorway o	f Greater Nashua	268 Main St Nashua, NH 03064	Hillsborough	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance, Support for loved ones	https://www.snhh ealth.org/our- services/the- doorway-of- greater-nashua	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y
	y at Dartmouth- chcock	85 Mechanic St, Suite 3-B1 Lebanon, NH 03766	Grafton	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance, MAT Treatment, Support for loved ones	https://www.dart mouth- hitchcock.org/psy chiatry/doorway	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y

Organization Name	Office Name	Address	County	Phone Number	Accepts Medicaid	Children and Youth Ages Served	Specialties or Conditions Served	Type(s) of Therapy or Service	Website Link	Communication Access Resources	Telehealth Services Offered
The Doorway at Concord		40 Pleasant St Concord, NH 03301	Merrimack	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	https://www.river bendcmhc.org/the -doorway-at- concord/	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y
The Doorway at AVH		7 Page Hill Rd Berlin, NH 03570	Coos	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	https://avhnh.org /department/the- doorway-at-avh/	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y
The Doorway Operated by Wentworth-Douglas Hospital		798 Central Ave Dover, NH 03820	Strafford	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	https://www.wdh ospital.org/wdh/s ervices-and- specialties/the- doorway	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y
The Doorway of Greater Manchester		60 Rogers St. #205 Manchester, NH 03103	Hillsborough	2-1-1	Y	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	The Doorway of Greater Manchester   The Doorway (nh.gov)	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y
	Concord Hospital – conia	80 Highland St 3rd floor Laconia, NH 03246	Belknap	2-1-1	Υ	12+	SUD	Telephonic and in-person screening and crisis stabilization, evaluation, care planning, facilitated referrals, continuous recovery monitoring, Naloxone distribution, transportation assistance	https://concordh ospital- laconia.org/progr ams-and- services/substanc e-use-services/	If you do not speak English, language assistance services, free of charge, are available to you. Call 211 (TTY: 1- 603-634-3388)	Y