# NH RESOURCES

# **Rural Outright**

Sullivan County & surrounding towns (603) 542-1848 ext 306

www.tlcfamilyrc.org/ruralnhoutright.html

Facebook: @RuralNHOutright Instagram: @ruralnhoutright

# **Seacoast Outright**

Portsmouth & surrounding towns www.seacoastoutright.org Facebook: @OutrightPride Instagram: @outrightpride

# **PFLAG Lebanon/Upper Valley**

1-800-750-2524 or pflaguv@gmail.com community.pflag.org/transgender

#### **Out Proud Net**

http://outproud.weebly.com/

#### **GLSEN NH**

Concord, NH

(603) 560-6998 or www.glsen.org/newhampshire

Facebook: @glsennewhampshire

Instagram: @glsennh

# **PFLAG NH**

New Hampshire Chapter www.pflagnh.org

# **The Venture Out Project**

www.ventureoutproject.com Facebook: @ventureoutproject Instagram: @theventureoutproject

# **Camp Quinebarge**

Moultonborough, NH www.campquinebarge.com Facebook: @camp.quinebarge Instagram: @campquinebarge

# **NEED IMMEDIATE SUPPORT?**

# **CRISIS HOTLINES:**

# **The Trevor Project**

24/7 Lifeline (talk or text) 1-866-488-7386 www.thetrevorproject.org

# **GLBT National Help Center**

Hotline: 1-888-THE-GLNH
Youth Talkline: 1-800-246-PRIDE
help@GLBThotline.org

www.glbthotline.org/youth-talkline

# Lesbian, Gay, Bisexual

# & Transgender Helpline

1 (888)-340-4528

# **National Suicide Prevention Help Line**

1 (800) 273-8255 suicidepreventionhotline.org













# LGBTQ+ YOUTH & FAMILIES



**Resource Guide** 

# YOUTH RESOURCES

#### **It Gets Better Project**

www.itgetsbetter.org User-driven LGBTQ video content with 60,000 inspiring personal stories

#### Sex, etc.

sexetc.org
Sexual education, with publications by & for teens
addressing gender identity/expression, sexual
orientation & health

#### **Trans Lifeline**

1-877-565-8860 www.translifeline.org Hotline staffed by transpeople for transpeople

#### **Gender Odyssey**

www.genderodyssey.org
Education, support & training for families
& educators about gender identity/expression

#### **Gender Spectrum**

www.genderspectrum.org Videos & tools about gender-related diversity/ issues

# **Trans Youth Equality**

www.transyouthequality.org Support for trans children & their families, how-to info for youth, age-appropriate book lists, links to legal resources, retreats & camps

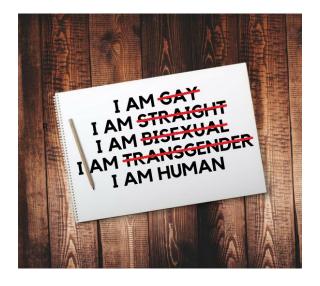
# Camp Aranu'tiq

Needham, MA www.camparanutiq.org Facebook: @camparanutiq



# Positive Ways to Influence Health of LGBTQ+ Youth:

- Talk and Listen with Respect
- Provide Support
- Stay Involved
- Be Proactive



# **FAMILY RESOURCES**

#### My Kid is Gay

mykidisgay.com Resources for parents

#### **Family Acceptance Project**

familyproject.sfsu.edu Videos, research, practice guides & training on family acceptance/rejection

#### **TransYouthFamilyAllies**

imatyfa.org/youth.html Comprehensive basic information, advocacy & links to services for families

#### **Advocates for Youth**

www.advocatesforyouth.org
Articles, tips & advocacy information for parents
about LGBTQ issues

#### **Human Rights Campaign (HRC)**

www.hrc.org/youth-report Survey, videos & articles about national LGBT youth legislation

# **National Gay Straight Alliance Network**

gsanetwork.org Network of student-run, inclusive, middle & high school clubs

# **Gay, Lesbian & Straight Education Network**

www.glsen.org Links for students about upcoming events, GSA club registration & resources

# National Center for Transgender Equality

transequality.org Social justice advocacy organization

#### **KidsHealth**

www.kidshealth.org
Health modules for parents, kids, & teens with topics
including: sexual orientation, drugs/alcohol & health